

Tuesday 30th April 2024



ISD

INTERNATIONAL
SCHOOL DHAKA

Empower. Inspire. Embrace.

Primary Coffee Morning Children and Technology: The Pluses and Minuses



Presented by Towhida Afsar and Dr. Michael Palmer



ISD is a community that



Empowers
students to be
balanced learners
through their
voice and choice.



Inspires
learners to engage in
authentic experiences
to develop local and
global understanding.



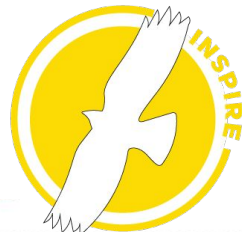
Embraces
positive values and
encourages empathy
and reflection.



**Awareness, Responsibility and
Action for Our Shared World**



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ISD embraces inquiry and collaboration which empowers learners to develop skills, knowledge and understanding that inspires positive change.

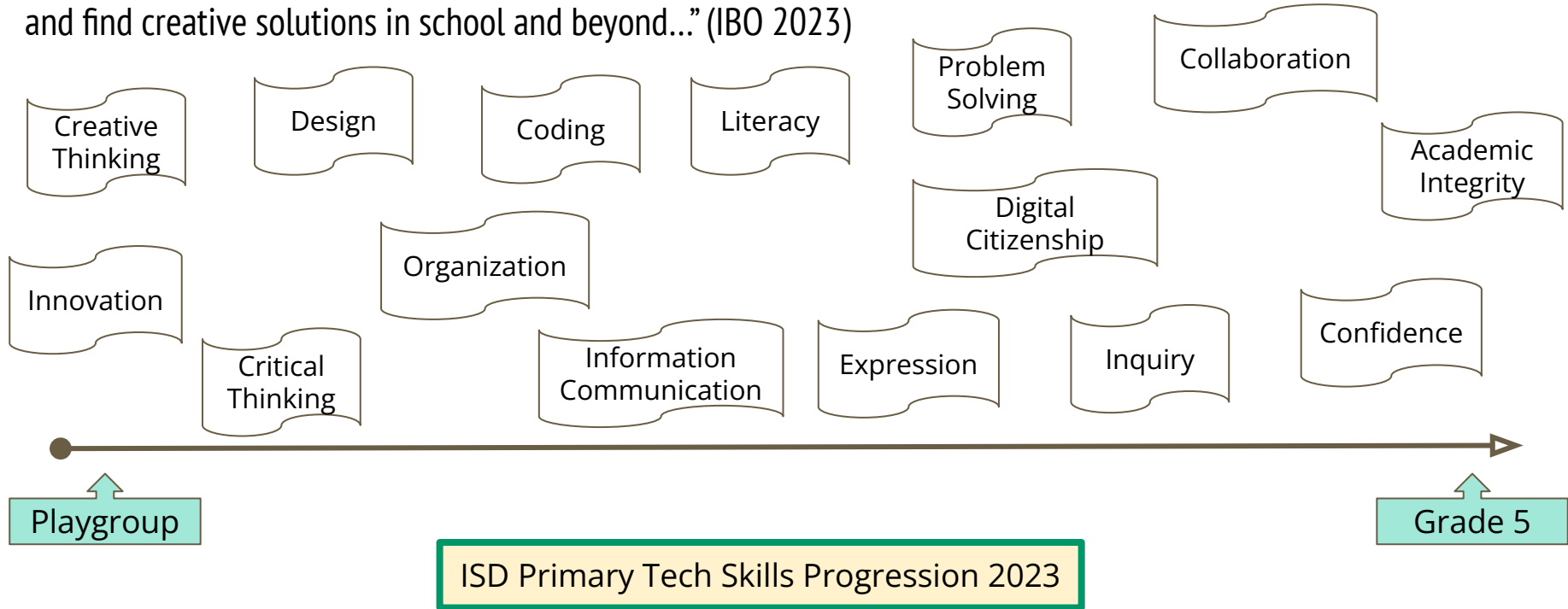


THINK PAIR SHARE

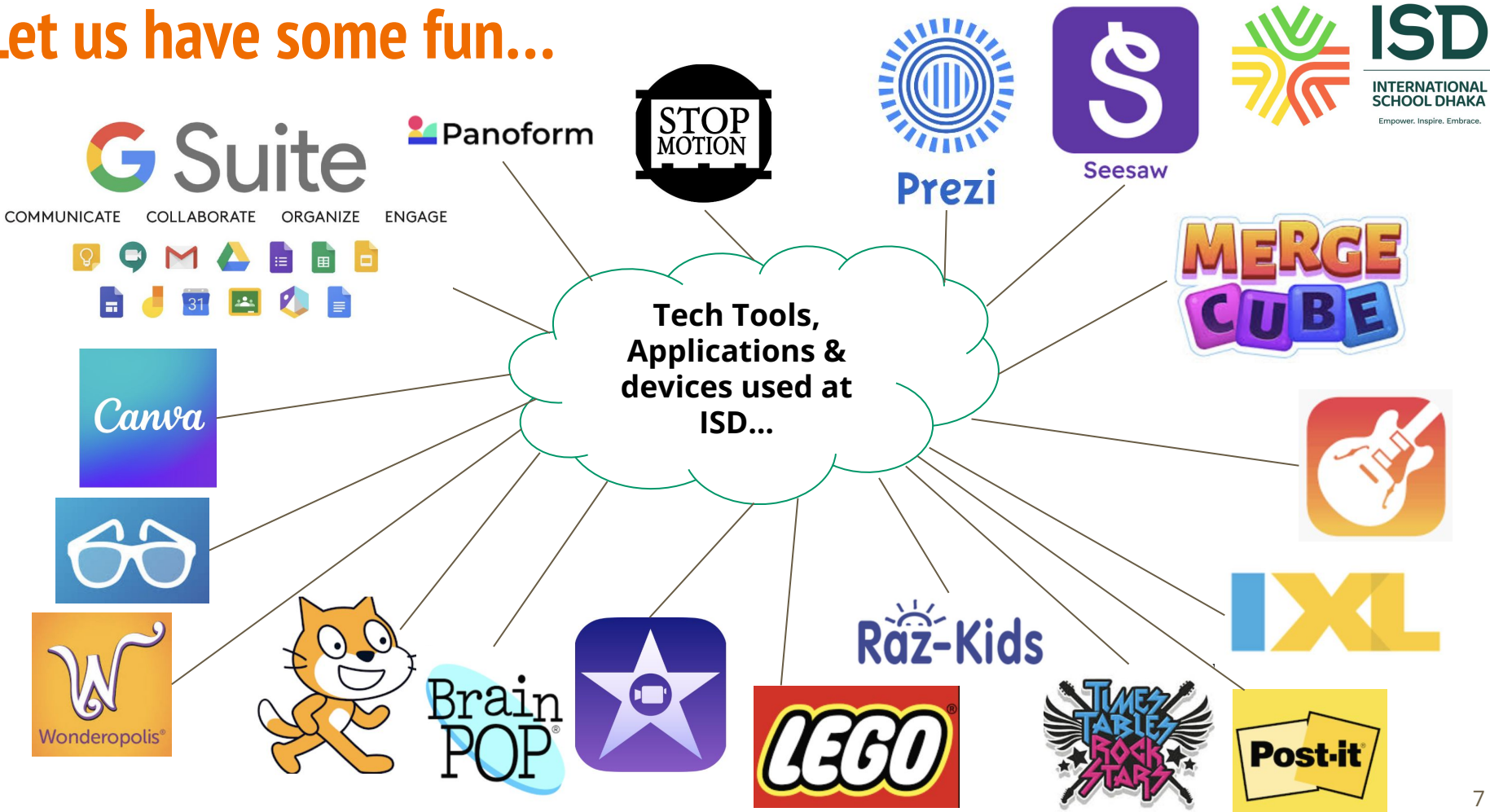
What is the question/topic being discussed?	What do I think?	What does my partner think?	What will we share?
How are devices such as iPads and MacBooks used in the PVP at ISD?			

Tech usage in the PYP...

“Supporting students in developing technology capability enables them to make use of traditional and digital technologies to effectively engage with opportunities and challenges, and find creative solutions in school and beyond...” (IBO 2023)



Let us have some fun...



Facts about young people, screen time, and social media use.



- **Fact** 95% of teens report having access to a smartphone
- **Fact:** 45% of teens report being online 'almost constantly.'

*This study also explores the frequency with which teens are on each of the top five online platforms: YouTube, TikTok, Instagram, Snapchat and Facebook. **Fully 35% of teens say they are using at least one of them “almost constantly.***

- **Fact: Recent studies show young people spend over 7 hours daily interacting with screens, from smartphones to computers and TVs.** This heavy screen engagement has detrimental physical and mental health consequences, including higher BMIs, insomnia, anxiety, and depression.
- **Fact:** Screens can improve education and learning; however, too much time spent in front of a screen and **multitasking with other media** has been related to worse executive functioning and academic performance.

- **Fact:** Snapchat users have to be 13 although SC does not require age verification.
- **Tik Tok Fact:** *We are deeply committed to ensuring that TikTok is a safe and positive experience for people under the age of 18 (we refer to them as “youth” or “young people”). This starts by being old enough to use TikTok. You must be 13 years and older to have a Tik Tok account.*
- **You must be 13 and older to have an Instagram account.**

Sources

Community Research and Development Service (EU)

Center for Disease Control

New York Presbyterian Hospital

Tik Tok/Instagram/Snapchat

ABC News Corporation

National Library of Medicine (USA)

Screens Steal Time: How Excessive Screen Use Impacts the Lives of Young People (2013)

PEW Research Center

Where do we go from here?

Monitor your child's screen time

Find out what apps your child has downloaded

Talk to your child about the long term effects of excessive screen time

Do your own research: Common Sense Media

Watch *The Social Dilemma*



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Thank You!